Celebrate Living

The video, Celebrate Living, is one that is very simple. It has no fancy pictures or complex cinematography; its images are very basic—just words. The theme: suggestions for how to live a happy and rewarding life. Each suggestion, like the video itself, is very basic, requiring no extraordinary skills, time, or money. It is a lesson on how we should all seek to live our lives.

While there are several specific suggestions, like never refuse homemade brownies, there are much broader, deeper messages with which we should all walk away. The phrases and words may be very simple, but the potential impact on our own life and the lives of those with whom we are connected is enormous.

Here is a list of our takeaways:

* Keep it simple
* Demonstrate good manners
* Don’t take things for granted
* Appreciate and enjoy the little things
* Appreciate every person who comes into your life
* Never stop learning
* Learn from the world around you
* In everything, be kind
* Take responsibility for your actions—for your life
* Attitude affects outcome
* Be in the now
* Be grateful
* Enjoy simple life pleasures
* Have good intentions
* Don’t postpone happiness, find it in today
* We should leave things better than we find them—make contributions to our environment, no matter how small
* Live life with integrity
* Character matters
* Our reputation is one of our most valuable assets

The important questions to be asked:

* Are you celebrating living?
* If not, what simple changes can you make to today to lead a happy, healthy, and rewarding life?
* What simple suggestion are you willing to try today?
* How will you make a difference in someone’s life?
* Did you know that you make a difference?

When we celebrate living, we become the tiny drop, creating expansive, beautiful ripples.